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7TH ANNUAL MEETING ON BRAIN AGING AND DEMENTIA
Perugia, September 30 - October 1, 2010

NUTRITION AND COGNITION
in healthy aging, cognitive impairment and dementia

UNDER THE PATRONAGE OF

EADC - European Alzheimer Disease Consortium
SIGG - Società Italiana di Gerontologia e Geriatria
Università degli Studi di Perugia
Azienda Ospedaliera di Perugia
Regione Umbria

Provincia di Perugia
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ASL 2 Perugia

Ordine dei Medici Chirurghi e degli Odontoiatri di Perugia
Ordine degli Psicologi di Perugia
Associazione AMATA Umbria

September 30

Sala dei Notari, Palazzo dei Priori

15.30

President's Welcome

M. Trabucchi, AIP President (Brescia, Italy)

Opening Ceremony and Authorities' Speech

Introductory remarks

P. Mecocci (Perugia, Italy)

16.00-18.00

HOT TOPICS IN DEMENTIA AND TREATMENT

Chairs: A. Rossi (Perugia, Italy), R. Quartesan (Perugia, Italy)

16.00-16.30

Is amyloid the main cause of Alzheimer's disease?

M. Di Luca (Milano, Italy)

16.30-17.00

Is DLB the second cause of dementia in the elderly?

A. Padovani (Brescia, Italy)

17.00-17.30

Is multimodal MRI the only imaging approach to diagnose the aging associated cognitive impairment?

G. Spalletta (Roma, Italy)

17.30-18.00

Dementia. Actual diagnostic support and new radioligands for amyloid imaging

S. Sestini (Prato, Italy)

18.00

Opening Lecture

Chair: U. Senin (Perugia, Italy)

Micronutrients: the triage hypothesis

B. Ames (Berkeley, USA)

CONCERT BY CORO DI SANTO SPIRITO

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NUTRITION AND COGNITION
in healthy aging, cognitive impairment and dementia

October 1

Palazzo Murena, University of Perugia

9.00-11.00 SESSION 1

NUTRITION AND HEALTHY AGING: EPIDEMIOLOGY

Chairs: M. Musicco (Milano, Italy), M.L. Lunardelli (Bologna, Italy)

9.00-9.30 Healthy aging: myth or reality?

L. Fratiglioni (Stockholm, Sweden)

9.30-10.00 Nutrition in the elderly: problems and perspectives

B. Vellas (Toulouse, France)

NUTRITION AND HEALTHY AGING: CLINICAL ASPECTS

10.00-10.30 Oral health problems in relation to nutrition in older people

C. de Baat (Nijmegen, The Netherlands)

10.30-11.00 Swallowing problems in the elderly

D. Tufarelli (Roma, Italy)

11.00-11.30 Coffee Break

11.30-13.00 SESSION 2

NUTRITION AND RISK OF COGNITIVE DECLINE

Chairs: C. Caltagirone (Roma, Italy), E. Pirfo (Torino, Italy)

11.30-12.00 Cholesterol and dementia: framing the controversies

M. Kivipelto (Stockholm, Sweden)

12.00-12.30 Diabetes and cognitive deficits

G. Paolisso (Napoli, Italy)

12.30-13.00 From risk factors to prevention in Alzheimer's disease

H. Soininen (Kuopio, Finland)

13.00-14.30 Lunch

14.30-16.30 **SESSION 3**

NUTRITION AND DEMENTIA

Chairs: O. Scarpino (Ancona, Italy), P. Putzu (Cagliari, Italy)

14.30-15.00 **Molecular and chemical aspects of nutritional alteration in AD model system**

P. Francis (London, United Kingdom)

15.00-15.30 **Cognition, mitochondria and vitamin E**

P. Mecocci (Perugia, Italy)

15.30-16.00 **Fingerprints of oxidative stress: a role for cognitive health?**

M.C. Polidori (Bochum, Germany)

16.00-16.30 **Mediterranean diet and dementia**

P. Barberger-Gateau (Bordeaux, France)

16.30-17.00 **Coffee Break**

17.00-18.30 **SESSION 4**

NUTRITION AS A TREATMENT

Chairs: A. Bianchetti (Brescia, Italy), V. Canonico (Napoli, Italy)

17.00-17.30 **Malnutrition in care homes; how a yearly national audit of malnutrition may contribute to optimizing nutritional care in care homes.**

J. Schols (Maastricht, The Netherlands)

17.30-18.00 **Macro and micronutrients: intake and supplementation as therapy**

Speaker to be defined

18.00-18.30 **Nutrition and management of multimorbidity in patients with dementia**

R. Rozzini (Brescia, Italy)

18.30-19.00 **Closing remarks**

M. Trabucchi, AIP President (Brescia, Italy)

AIP Honorary Presidents

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Lodovico Frattola

AIP President

Marco Trabucchi

AIP Past President

Umberto Senin

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Carlo Caltagirone
Niccolò Marchionni
Elvezio Pirfo

AIP Secretary-Treasurer

Angelo Bianchetti

SPEAKERS AND CHAIRS

Bruce Ames
Pascale Barberger-Gateau
Angelo Bianchetti
Carlo Caltagirone
Vincenzo Canonico
Cees De Baat
Monica Di Luca
Paul Francis
Laura Fratiglioni
Mii Kivipelto
Maria Lia Lunardelli
Patrizia Mecocci
Massimo Musicco
Alessandro Padovani
Giuseppe Paolisso
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Maria Cristina Polidori
Paolo Putzu
Roberto Quartesan
Aroldo Rossi
Renzo Rozzini
Osvaldo Scarpino
Jos Schols
Umberto Senin
Stelvio Sestini
Hilkka Soininen
Gianfranco Spalletta
Marco Trabucchi
Davide Tufarelli
Bruno Vellas

The incidence of dementia increases exponentially with age but knowledge on possibly modifiable risk factors is still limited. So, the question “if we live long enough, will we all be demented?” is becoming a gravely recurrent one. Prevention appears to be particularly prominent among anti-dementia strategies not only - negatively seen - due to the lack of a cure for dementia, but mainly - constructively approached - because it can be carried out within a multidimensional approach, with the highest chances of success if adopted in the early adulthood.

There is growing evidence for possible dietary protective factors in the development of age-associated cognitive decline and nutrition represents also a fundamental aspect in the multimodal therapeutic approach in subjects at risk for dementia or already affected by this disorder.

This meeting, that involves basic and clinical research, aims at increasing the knowledge on the complex relation among nutrition, cognitive decline and dementia in the elderly and at providing the scientific basis of preventive and therapeutic strategies.

General Information

DATE

September 30 – October 1, 2010

VENUE

• September 30

Sala dei Notari
Palazzo dei Priori
Perugia

• October 1

Palazzo Murena
Piazza dell'Università, 1
Perugia

Registration fees

for participants include:

- Participation in meeting sessions
- All meeting materials
- Lunch and Coffee Breaks

CME

Credits for Physicians and Psychologists have been requested to the Italian Ministry of Health.

SCIENTIFIC SECRETARIAT

Prof. Patrizia Mecocci

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Direttore S.C. di Geriatria,
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OFFICIAL LANGUAGE

Italian and English are the official languages. Simultaneous translation will be available.

THANKS TO THE FOLLOWING MAJOR SPONSORS:

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MANY THANKS ALSO TO:

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