D.Lgs 81/2008, art. 41, comma 5 - All. 3A - sect. 1

Laboratory activities

Personal Data sheet

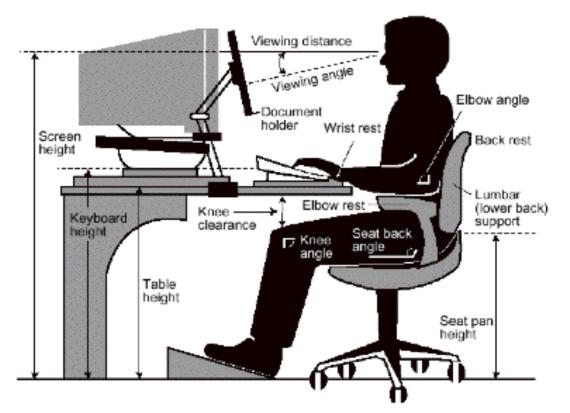
First name	
Last name	
Nationality and citizenship	
Fiscal code	
Gender	
Title	
Date of birth	
Email	
Phone number	
Local address	
Start date	
End date	
Qualification	
Perugia University Department	

Describe your activity:

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Do you use vdt? yes □ no □

If the answer is "yes", indicate if the VDT workstation complies with the devices of Annex XXXIV of Legislative Decree 81/08



Screen	yes 🗆	no 🗆	If no, explain why not:
Chair	yes 🗆	no 🗆	If no, explain why not:
Keyboard	yes 🗆	no 🗆	If no, explain why not:
Table	yes 🗆	no 🗆	If no, explain why not:

How long do you work on your computer every day?

 $\hfill\square$ between 60 and 240 minutes per day

□ more than 240 minutes per day

How many days a week?

Are you over 50 years old? yes \Box no \Box

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MANUAL HANDLING OF LOADS

Fill in the form if heavy loads over 3 kg are usually handled

Weight of loads _____

horizontal location	In centimeters
vertical location	In centimeters
travel distance	In meters
asymmetry angle	
lifting frequency	In a day
hand-to-object coupling	Good Bad Bad

Is the load difficult to grasp and/or hold because of its

 instability? 	
 volume (bulky)? 	
• shape?	
surface material?	

Is the load harmful because of its

sharp edges?	
high or low temperature?	
dangerous substance?	

NOISE

Indicate the equipment that produces noise and the relative exposure times. Also specify if and which equipment produces infrasounds and / or ultrasounds

VIBRATIONS

Indicate the equipment that produces vibrations and the relative exposure times

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ARTIFICIAL OPTICAL RADIATION

The optical radiation is defined as any electromagnetic radiation in the wavelength range between 100 nm and 1 mm. The spectrum of optical radiation is divided into ultraviolet radiation, visible radiation and infrared radiation For the purposes of protection, optical radiations are further subdivided in:

- <u>Ultraviolet radiation</u>: optical radiation of wavelength range between 100 nm and 400 nm. The ultraviolet region is divided into UVA (315-400 nm), UVB (280-315 nm) and UVC (100-280 nm);
- <u>Visible radiation</u>: optical radiation of wavelength range between 380 nm and 780 nm;
- <u>Infrared radiation</u>: optical radiation of wavelength range between 780 nm and 1 mm. The infrared region is divided into IRA (780-1400 nm), IRB (1400-3000 nm) and IRC (3000 nm-1 mm).

Ultraviolet radiation generated by (indicate the device)	for a time
of minutes	
Using the following Individual Protection Devices:	
Visible radiation generated by (indicate the device)	for a time of
minutes	
Using the following Individual Protection Devices:	
Infrared radiation generated by (indicate the device)	for a time of
minutes	
Using the following Individual Protection Devices:	
L.A.S.E.R. generated by (<i>specify the class</i>) for a time of	_ minutes
Using the following Individual Protection Devices:	

Does work involve the deliberate use of **CHEMICAL AGENTS**?

 \Box YES \Box NO

If the answer is YES fill in the attached table

chemical agent concetration used	Method of employment	Exposure times and frequency referred to the unit of time)	Amount used for each use
			concetration used employment frequency referred to

The laboratory is equipped with:

 $\hfill\square$ localized fume extraction

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- □ Chemical Fume Hoods
- $\hfill\square$ a centralized extraction system

Does work involve the deliberate use of Biological agents?

□ YES □ NO

If the answer is YES fill in the table below

Indicate the Classification of Biological Agents that you are	Group 1 🗆	
going to use	Group 2 🗆	
	Group 3 🗆	
	Group 4 🗆	
Under the Safety, Health and Welfare at Work (Biological	□ YES	□ NO
Agents) Regulations, there is a legal requirement to notify the		
Health and Safety Authority if working with certain groups of		
biological agents. Do you know if the use of Biological agents in		
your laboratory has already been notified?		
Do you use genetically modified microorganisms GMOs?	□ YES	□ NO
Indicate potential allergic and / or toxic effects caused by the		
biological agent that you use		
Describe if there is a synergism between the different groups of		
biological agents that you use		
2		
Describe methods and working procedures adopted, preventive		
and protective measures adopted		
Have suitable procedures been developed for taking, handling	□ YES	□ NO
and treating samples of human and animal origin?		
Are the necessary means for collecting, storing and disposing of	□ YES	□ NO
waste in safe conditions, using suitable and identifiable containers, possibly after appropriate treatment of the waste?		
Do the toilets have showers with hot and cold water and eye	□ YES	\square NO (indicate what is not
washes?	there)	
Is it possible to store protective clothing separately from civilian	□ YES	□ NO
clothing?		
Is the inspection, cleaning / disinfection, maintenance / repair	□ YES	□ NO
or replacement of PPE performed?		
Are signs posted banning the use of food, beverages, smoking,	□ YES	
storage of food for human consumption, use of mouth pipettes		
and application of cosmetics?		

The laboratory is equipped with a biological safety cabinet?

 \Box YES \Box NO

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 Does work involve potential exposure to biological agents?

 □ YES
 □ NO

 Are you under a valid tetanus vaccination?

 □ YES
 □ NO

Does work involve the use of equipment that causes exposure to NON-IONIZING RADIATION? - (static and extremely low frequency electric and magnetic fields, radiofrequency electromagnetic fields and microwaves, infrared, visible and ultraviolet radiation)

 \Box YES \Box NO

If the answer is YES fill in the table below

Equipment	room	annotation

If the answer is YES fill in the table below

Equipment/radioactive isotope	room	annotation

Working at heights (means working in a place where a person could be injured by falling from it, even

if it is at or below ground level): describe _

OTHER RISKY ASSETS: e.g. microclimate / macroclimate, protracted fixed posture, incongruous posture, repetitive movements of upper limbs, dust

In relation to the activity carried out the following **PPE** were delivered:

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Glasses:

- □ <u>General safety glasses</u>
- Laser safety glasses
- □ UV safety glasses
- RX safety glasses
- □ <u>Chemical splash goggles</u>

□ Face shields

Safety masks:

- Surgical masks
- □ FFP1 dust mask

Disposable Respirators offering protection against oil-based and non-oil-based particulate aerosols

- □ FFP2 dust mask
- FFP3 dust mask
- □ Half masks respirators

Gloves

- □ Light latex, vinyl or nitrile gloves (Disposable latex/vinyl/nitrile)
- □ Light chemical resistant gloves (Natural rubber latex)
- □ Light to heavy chemical resistant gloves (Nitrile)
- Cotton gloves (undergloves)
- □ Insulated gloves (heat resistant/ against ultra-cold temperatures)
- □ Wire mesh gloves (cut resistant)
- Cryogenic Personal Protective Equipment (apron for handling liquid nitrogen/face shield/ insulated gloves)
- Disposable shoe covers
- □ Safety shoes
- □ Hearing protection devices (earplugs /earmuffs /helmets):

Have been defined the procedures for using PPE?

Yes \Box When:.... no \Box

Have the PPE delivery cards been signed with information for their correct use?

Yes \Box When:..... no \Box

Date..... Worker signature.....

Employer/Director signature.....